



Cotgrave Connections Newsletter

A Newsletter produced by Cotgrave Town Council for the residents and businesses of Cotgrave.
News, updates on the Town Council, community news and support.

COTGRAVE TOWN COUNCIL

Summer Market

SATURDAY 13TH JUNE 2026
11AM TO 4PM

SAVE THE DATE

BEING HELD ON COTGRAVE SHOPPING CENTRE
AND THE GREEN,
CANDLEBY LANE, COTGRAVE, NG12 3JG

**Look out for more information on
Council's Website, Facebook Page and
Notice Boards**

**MARKET STALLS
WANTED**

FOR MORE INFORMATION AND TO REQUEST A BOOKING FORM
EMAIL: [CONNECTIONS@COTGRAVE-TC.GOV.UK](mailto:connections@cotgrave-tc.gov.uk)
TELEPHONE: 0115 9893876

COTGRAVE  **TOWN COUNCIL**

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Support your Community Newsletter by sending us your items in time for the next edition (Summer 2026) before :

Friday 12th June 2026

Cotgrave Connections, Cotgrave Town Council
Suite F, Cotgrave Business Hub, Candleby Lane,
Cotgrave, Nottingham, NG12 3US

Tel: 0115 9893876 Mobile: 07497 495105
Email: connections@cotgrave-tc.gov.uk

LOCAL BUSINESS LOOKING TO ADVERTISE?

Why not try your local Community Newsletter, delivered to over 3,000 homes and businesses throughout Cotgrave

PRICE TARIFF:- All Prices are plus VAT.

For a block booking of 4 or more issues we can offer a discount of 10%.

Tel: 0115 989 3876 or

email: connections@cotgrave-tc.gov.uk

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Information in this newsletter is correct at time of going to print.

u3a
learn, laugh, live

**Cotgrave
& District**

**No longer working full-time
or raising a family?**

Now's the time to make the most of life. u3a gives you the chance to develop your interests, make new friends and enjoy yourself.

Come along to one of our Open Monthly Meetings at Cotgrave Welfare (9.30 – 11.30am) to meet us, hear an entertaining speaker and find out about the wide range of activities on offer?

For the next three months the speakers are:

March 10 th	Mike Burton	'Tea and the Empress of China'
April 14 th	Bharat Patel	'Indian Take away'
May 13 th	Paul Isherwood	

Website: www.cotgraveu3a.weebly.com

Email: cotgraveu3amembership@gmail.com

SUPPORT A LOCAL CHARITY BECOME A TRUSTEE at Cotgrave Futures



Cotgrave Futures is a purpose built community building which opened in September 2002.

It is managed by a small group of committed local people (the Trust) to promote healthy living, educational and recreational needs and maintaining a space for childcare provision within the local community.

Are you able to give a small amount of time?
The committee meets bi monthly for approximately an hour and a half.

For more information please contact Cotgrave Futures on 0115 9899208 or email info@cotgravefutures.org.uk.

www.cotgravefutures.org.uk

COTGRAVE FUTURE
BUILDING FOR YOUR COMMUNITY



Cotgrave Advice Centre

Over 30 Years of Caring

Free, Confidential & Impartial Advice Sessions

**Tuesday & Thursday mornings:
9.00am to 12.00 noon**

Get specialist advice on a range of issues, including:

Debt - Benefits, Employment, Tax, Legal, Family, Form Filling, Housing, Consumer and General Advice

Plus free appointment with solicitor - first Thursday of every month

**All Saints' Church,
Plumtree Road, Cotgrave,
NG12 3HT**

Our New Phone Number: 07345 303350

cotgraveadvicecentre@gmail.com
www.cotgraveadvicecentre.org.uk



The Cotgrave Advice Centre has a new telephone number.

We now have two mobile phones rather than land lines, which saves us money. The new number to contact us on, during working hours 9am -12 noon Tuesdays and Thursdays, or to leave a message outside those times is:

07345 303350

Our advice centre also has an extremely informative web site that answers many questions at www.cotgraveadvicecentre.org.uk and we welcome email queries from people in the Cotgrave area on cotgraveadvicecentre@gmail.com.

As we look forward to Volunteers Week in June, we welcome our new advisers, including two men, to join the team, and this gives us even more expertise in the areas where our clients need advice. Two Solicitors visit monthly to ensure we can fully cover the majority of our client's needs. Appointments are not necessary for general queries, but we do make appointments for our Solicitors, to ensure everyone gets a full half hour. We do still have a need for an

IT specialist volunteer, as we rely on our lap top computers for completing forms as well as researching information. We are in the process of updating our laptops, and as with the new telephones, are extremely grateful to Cotgrave Futures and the Town Council for their financial support, without which we would not be able to continue our work.

You can still find us at All Saints' Church in Plumtree Road, a friendly warm space to see all our clients and continue with training our new staff. We also provide refreshments for our clients and staff from the generous donations of biscuits. As we continue to see new and regular clients visiting in larger numbers, it is rewarding for us all to see how our work is appreciated, and clients recommend us to their friends and family. We look forward to meeting you in the future when you have a need of our services.

Volunteers wanted!

Volunteers to support 1st Cotgrave Brownies

- * Make a difference
- * Empower girls
- * Join the adventure



 **Tuesday Evenings**
 **6.15pm - 7.45pm**
 **Cotgrave Scout Hut**



Interested?

Message for more information
Register to volunteer on the Girl Guiding website
www.girlguiding.org.uk

Cotgrave Brownies are looking for

Girls aged 7 - 10 to join our unit who want to

-  Make new friends
-  Have adventures
-  Do crafts
-  Earn badges

We meet on ...

-  **Tuesday Evenings**
-  **6.15pm - 7.45pm**
-  **Cotgrave Scout Hut**

Register your daughter's interest on the Girl Guiding website: www.girlguiding.org.uk



Bingham Road, Cotgrave. NG12 3JR
Minister: Revd. Mark Roberts 0115 9331926

 **Cotgrave
Methodist Church**

Cotgrave Methodist Church

Bingham Road , Cotgrave

Minister Revd. Mark Roberts - Tel: 0115 9331926

**We meet for Sunday Worship and Junior
Church 10.30 every Sunday.**

Holy Communion Monthly

Coffee and tea served after the service.

Toddler Café

Every Thursday from 9.15 to 11.15am. Donation
of £1 per family. Term time only.

Warm & Welcoming Spaces

Tuesday 12 noon to 2pm

Saturday 10am to 1pm

You are very welcome to join us!

In term time there is a full range of **youth and
children's activities** (see our website for
details).

Easter Services

Good Friday Service 11 am

Easter Sunday Sunrise service on the
Embankment 6.30 am

Easter Holy Communion 10.30 am

More information about church activities can be
found on our website :

[cotgravemethodist.wixsite.com/cotgrave-
methodist](http://cotgravemethodist.wixsite.com/cotgrave-methodist)

Toi book our premises please contact:
0115 9335301



Notts in Mind

Notts in Mind: Women

Notts in Mind: Women offers mental health
support through a variety of wellbeing and
physical activities in a social setting.

Sessions run every Thursday 10.30am to 12.00pm at
Cotgrave Leisure Centre.

For more information, contact:

Aaron.Taylor-Penycate@trentbridge.co.uk or visit
<https://www.trentbridge.co.uk/trust/notts-in-mind.html>



Cotgrave Crafters at Cotgrave Library

Bring a project or make something
with the materials we have here.

Free to attend.

Every Wednesday afternoon 2pm - 4pm

Tea/Coffee 50p





News from Nottinghamshire County Council

Reporting potholes and road defects

Everyone is annoyed and frustrated by the many potholes and damaged roads that are pretty much everywhere at the moment.

Most roads in our area with the exception of the A46 and A52 are maintained and managed by Nottinghamshire County Council and their VIA subsidiary.

They have a small team of highways inspectors who do check and deal with potholes and other road defects.

However, as we all know, there are so many potholes that unless they are reported to the Council, it might take longer to get attention.

Anyone can report potholes and other road issues directly to the County Council, and this helps to build up the evidence that work needs doing.

There are three main official ways to do this:

The first is to the “Report a pothole” section on the Nottinghamshire County Council website. You can also report other roads issues such as street lights not working. **The website is www.nottinghamshire.gov.uk/transport/roads/highways-hub**

There is also the very useful “**My Notts App**” which you can download from the App Store.

Or you can telephone the County Council Contact Centre on **0300 500 8080**. You can also contact me. I have reported dozens of defects before, during and since Christmas.

Do you Park and Ride?

I have received some complaints and reports from residents saying that they think some car parking spaces at places like the Hub and also a lot of on-street all day parking, is being carried out by people who park their cars and catch a bus to town or wherever.

As a result, this puts pressure on spaces available for residents who need or want to visit the shops or friends for a short period.

There is no need to park and ride like this, because don't forget that we still have the **free to use official Pocket Park & Ride sites**. These are at The Welfare and at The Shepherds. The parking areas are safe and well lit and the buses stop right next to them. In fact, these are pretty much exclusive to Cotgrave. Very few other villages have them, so we really could do with using them more.

Buses

Some mixed news re the buses. I am pleased that the “new” 11 service seems to be getting more and more popular and is becoming well established. If you haven't already done so, why not give it a try, whether you are a regular bus user or not.

The Nottinghamshire County Council “on demand” service (this is a bit like the old “Dial-a-rides” from years ago” is also getting more popular. You can book a personalised local route either by downloading the “Notts Bus on Demand” app or telephoning 0115 804 0404. If you use the app, you can see where the bus is on a map as you wait for it, and the system advises you of the time it is due.

I know that there have been a lot of comments and observations about Trent Barton's Cotgrave Connection service, and discussions and meetings have been taking place with the company. As well as their own operations, it is unfortunate that due to the A52 and other road works, even more pressure is on them at the moment regarding their time keeping, and the frequent “convoying” of buses.

Meeting Room Hire

Looking for a venue for your next meeting, seminar or business meeting?

Comfortable space, fully air conditioned

Flexible/Block Booking Options

Good Location with good access

On Site Parking

Flip Charts, Monitor and WiFi available

Drink making facilities

Disabled Toilets



Contact Cotgrave Futures for availability and prices.



www.cotgravefutures.org.uk



0115 9899208



HEAR 2 HELP

Visit us at www.hear2gether.org.uk or Contact info@hear2gether.org.uk

Hear2Help provides hearing aid maintenance & support in the community for NHS hearing aids. (Batteries, re-tubing and cleaning of aids and Advice to manage your hearing)

WHERE?

Radcliffe on Trent Library
New Road
RADCLIFFE ON TRENT
NG12 2AJ

TIME
10am - 11am



2026 DATES

Third Thursday of every month:

15 January
19 February
19 March
16 April
21 May
18 June
16 July
20 August
17 September
15 October
19 November
17 December

Hear Together is a charity.

We need your donations to run this service.

Please give what you can. Thank you!



Registered charity: 1188842

Have you ever thought of becoming a local Councillor?

Cotgrave Town Council currently has casual vacancies on Council.

To be eligible to become a Councillor you need to be aged over 18, registered to vote in the area you live, work or own property there.

Full eligibility criteria is available from the Electoral Commission : www.electoralcommission.org.uk

You can express an interest in being co-opted by contacting the Town Clerk at : clerk@cotgrave-tc.gov.uk or calling **0115 9893876**.

You can talk to us about domestic abuse.



Telephone: 0115 9893876



NO NEED TO BOOK

FREE SESSION

JUST TURN UP

Do you live in Rushcliffe and have a Long Term Health Condition or care for someone who has?

If so, come along and join us at the Long Term Health Conditions Support Group!

Our dates for 2026:

- 12th March 2026
- 9th April 2026
- 14th May 2026
- 11th June 2026
- 9th July 2026
- 13th August 2026
- 10th September 2026
- 8th October 2026
- 12th November 2026
- 10th December 2026



2pm - 3.30pm
at The Cotgrave Methodist Church

These sessions will have a hot topic to try and support and help you to manage your Long-Term Health Condition.

We will have some time for peer support to try to support and help you – **cuppa and chat** with other people living with a long-term condition

Finished with some **chair based yoga exercises** to help build strength and improve your mobility

For further information please email us: holly.nichols6@nhs.net



You don't have to quit alone

Free stop smoking support at Cotgrave Surgery



Scan to sign up!



What to expect:

You'll receive 12 weeks **FREE** supply of Nicotine Replacement including vapes, patches, gum and lozenges



Delivered by qualified NCSCT Tobacco Practitioners



Cotgrave Surgery, NG12 3UQ



It's easy! Call Your Health Notts on 0115 772 2515 to book your appointment

Do you live in Rushcliffe and have a long-term health condition? If so, you're not alone.

Living with — or caring for someone with — a condition that affects daily life can be challenging. Meeting others who understand can make a real difference.

Join this new local group to:

- Share experiences in a friendly, informal setting
- Gain helpful information and support for self-management
- Connect with others over a cup of tea



This group is just getting started, and your ideas matter. Help shape the group, so together you can have a positive impact on living well with a long term health condition.

Come along, get involved, and tell us what you'd like from the group.

You're welcome to bring someone with you and refreshments will be provided.

We look forward to welcoming you on:

Wednesday 11th March, 6.15pm - 7.45pm
Venue: Pig & Pudding, 3 Bingham Road, Cotgrave, NG12 3JS

WHAT'S ON IN COTGRAVE WITH YOUR HEALTH NOTTS



FREE Strength and Balance sessions Cotgrave Welfare Scheme Thursday morning

A 12-week intervention designed to improve strength and balance for those at risk of falls or have had a fall. Sessions are delivered by qualified Otago Strength and Balance Instructors.

"The sessions have increased my confidence and motivated me to get out walking more, socialise again and feeling more mobile"

FREE Adult Weight Management sessions Cotgrave Welfare Scheme Thursday afternoon

A 12-week programme combining 45 minutes of moderate, ability based exercise with educational nutrition sessions. Each session supports achievable goal-setting to support healthy habit formation and long-term weight management.

"My prediabetic level dropped from 43 to 38! It's hard work, but I look forward to coming every week"

How to refer: Call 0115 772 2515
www.yourhealthnotts.co.uk



ALLISON HOMES

NEW COMMUNITY OFFICIALLY NAMED IN HONOUR OF COTGRAVE HERO

IN CELEBRATION of what makes the community of Cotgrave special, [Allison Homes](#) has revealed that its upcoming development will be named "[Hayes View](#)" in honour of local hero Ernest Hayes.

Members of Cotgrave Town Council, including Councillor Sam Mitchell, who is also Chairman of the local Royal British Legion branch, Councillor Richard Butler, Councillor Leo Healy and Councillor Stuart Ellis joined the developer to celebrate the start of construction beginning on the new housing development, with show homes expected to launch in spring 2026.

Corporal Ernest Hayes, who was born in Cotgrave in 1898, won three Military Medals for his service in the British Army in the First World War. There were only 179 other soldiers, out of a total of 115,600 to be awarded the Medal three times. In honor of this achievement, the national homebuilder was inspired to immortalise his name at the new community of 45 new homes.

Karl Edwards, managing director for Allison Homes in the East Midlands, said: "It's fantastic to be able to recognize this remarkable local person, with the help of local Councillors, as we mark the start of this exciting new development in Cotgrave. There is already a brilliant sense of community here, and this name acts as a symbol of our efforts to build on that."

Located on Hollygate Lane, the scheme has been designed using thoughtfully applied materials that are sympathetic to the local area, with elements including brick arched heads and dental brick detailing. This design is combined with energy-efficient features in each home that deliver the ideal blend of modern living and historic charm.



With a commitment to contribute more than £550,000 towards the infrastructure in Cotgrave, naming the site after one of its greatest heroes was a natural choice to confirm the developer's dedication to the area.

Karl added: "With carefully considered materials and designs, we are bringing a different offering to the table that complements the mix of new homes currently on the market and the second hand market, while addressing the needs of local people."



Allison Homes is HBF 5-Star rated and was awarded the In-house Gold Award for 94% customer satisfaction this year, cementing its status as a trusted homebuilder.

Homes will be available to move into by summer 2026. For more information or to register interest in the Hayes View development, visit www.allison-homes.co.uk/development/hayes-view/ or contact the Allison Homes team at hayesview@allison-homes.com

Belvoir Health Patient Participation Group



Who We Are

The Belvoir Health Patient Participation Group is a team of local volunteers representing the three surgeries in our area. We meet regularly to discuss ways to improve patient experience and healthcare access. New members are always welcome, especially those with young families who can bring fresh perspectives to our group.

What We Do

At each meeting, we collaborate closely with surgery staff to review and enhance procedures and systems. Our shared goal is to ensure every patient can easily access the full range of medical services available.

Important Updates

- **Cashless Payments:** From 1 April 2026, all surgeries will move to a cashless system. Please be prepared to pay for any services using a credit or debit card.
- **Improved Communication:** We are working with the surgeries to help everyone use technology for booking appointments, ordering prescriptions, and accessing personal health records. If you need support with these online services, please reach out. The surgery website has lots of useful information.

Community Support & Resources

- **Your CVS:** This community-focused organisation supports local voluntary groups, charities, and individuals. Find out more : [Your CVS | Community | Nottingham, UK](#)
- **Social Prescribing Service:** Learn how to stay healthy and access a range of wellbeing services. Find out more here: [Rushcliffe Social Prescribing | RushcliffeHealth](#)
- **Carers' Support:** We continue to support carers with help from the surgeries and local community groups. Look out for details of our upcoming tea party for carers later this year.

Working Together

We are building stronger links with our local Town Council to ensure important health and wellbeing information is shared widely on their website. We are also working to improve connections with local hospitals, so patients have better access to the care they need.

Health Services

Free Blood Pressure Checks: Many local chemists offer free blood pressure checks. These are especially useful if you need a prescription from your doctor.

Get Involved

Would you like to join the Belvoir Health Patient Participation Group or find out more? We welcome your ideas and involvement. Please contact us through your surgery for details about our next meeting or to get support with any of the services mentioned above.

Cotgrave Community Kitchen Newsletter

March 2026



At our sustainable market we believe in empowering our community by providing high-quality surplus food. Join us in our mission to promote sustainability whilst enjoying fresh produce.



It was a Merry Christmas!

December was a busy month for us!

A festive lunch for 39 was prepared by our volunteers for the residents of Thurlbeck. We were then joined by the Cotgrave Candleby Lane School choir who entertained us with some beautifully sang Christmas carols. The fun did not stop here; there was also a Christmas quiz with prizes to be won and a raffle!

We would like to say a BIG thank you to Derek at the Rose and Crown who cooked the Christmas Turkey!



We love visiting Ashlea School and had the pleasure of helping Santa to delivery 101 selection boxes to the children.

Did you see our Christmas tree at the Methodist Church? We decorated a tree to display with others provided by local community groups.

The Christmas market and lights switch on is always a busy event and one of our favourites. We sold out of jacket potatoes in record time this year.



We want to say a big thank you to our customers, volunteers and to those who donate to CCK, without you non of this is possible.

Looking for inspiration? Grab a quick and healthy mid-week meal with our Fridge Raid Fried Rice recipe.

Ingredients:

2 tbsp vegetable oil
1 white onion
1 carrot
2 cloves garlic
1 red or yellow pepper
Finely chopped broccoli
150g cooked chicken
300g cold cooked rice
2 eggs
Soy sauce

Method:

1) Heat half the vegetable oil in a frying pan over a medium Heat, and stir-fry the onion, garlic, carrots for 5 mins. Add the peppers, broccoli and chicken, and stir-fry for 3 mins more, add the soy sauce.

2) Tip in the rice and stir-fry for another 4 mins until all the grains of rice have separated. Push the rice and vegetables to the side, then add the remaining vegetable oil and crack in the eggs and scramble briefly before stirring into the veg and chicken mixture.

We are open to all every Thursday and Saturday from 10.30—12 noon and have fresh, frozen and tinned produces, along with toiletries, flowers and cleaning products.



Find Local, Trusted Traders with the Age UK Business Directory



Looking for a reliable trader can feel overwhelming - especially when you're trying to make sure the person you hire is trustworthy and reputable. That's where the **Age UK Business Directory** comes in.

Proudly serving Nottingham and Nottinghamshire since 2008, this free, local directory connects people with **trusted businesses and services** that have all been **checked and approved by local Age UK staff**. Whether you need a plumber, roofer, gardener, solicitor, or mobility aid provider, the directory takes the guesswork out of finding help you can rely on.

Why use the Age UK Business Directory?

The directory was designed to protect older people from rogue traders by offering a simple, safe way to find reputable services. Every business listed has undergone a thorough vetting process by local Age UK staff.

You'll find professionals in:

Plumbing, Roofing, Joinery, Electrical work, Painting & decorating, Tree surgery, Removals, Mobility equipment
Domiciliary care, Cleaning, Legal services ...and many more!

Whether you prefer to browse online or prefer someone to assist you, the team is always happy to help. A local staff member can even carry out a directory search on your behalf.

What Local People Are Saying

"I needed an electrician urgently and didn't know where to start. The directory helped me find someone trustworthy within minutes. He arrived on time, was polite, and did a brilliant job."

— Mrs. H, West Bridgford

"After being let down before, I was nervous about hiring a roofer. Using the Age UK Nottingham Directory gave me real peace of mind. The trader they listed was fantastic and explained everything clearly."

— Mr. T, Gedling

"I don't use computers, so I phoned the number and a lovely lady at Age UK Notts did the search for me. She found a gardener who's been keeping my garden tidy ever since. It's such a helpful service."

— Mrs. D, Arnold

"We needed mobility equipment for my husband and wanted to make sure we were using a trusted company. The directory made the whole process so easy."

— Mr & Mrs. S, Carlton

Get in touch

Website: www.aubdnotts.co.uk

Email: info@aubd.co.uk

Telephone: 0800 011 4643



As I am writing this I am hoping that the rain will stop, no snow will appear, and Spring will start early!

This year we are looking to update our annual plan, and do as many events as we can. The committee will agree our events at the end of February, then we will make arrangements for our Spring Supper, egg rolling event, two FREE Afternoon tea sessions at Colston Bassett village hall, a visit to a local place of interest, our Summer BBQ, Remembrance meal and Christmas event.

We have a very strong membership, however we are always happy to welcome new members. Joining our branch can be done online at the Royal British Legion website. We are called Colston Bassett BR 0260. The cost is £22 a year. (Our branch is actually called CBOC, Colston Bassett, Owthorpe and Cotgrave, but online it is Colston Bassett).

We have a number of objectives; to raise lots of money for the Poppy Appeal, and to raise at least £2000 during the year to donate to the Galanos House RBL Care home, and also to the National Memorial Arboretum. We value our members and that is why we like to have social events, to say thank you, and to allow members to get together and put the world to rights.

I am the Poppy Appeal Organiser for CBOC and West Bridgford; once again I will be asking for volunteers to man the tables at any one of the three supermarkets we cover, and also to knit or crochet both red and purple poppies (purple for the animals). Hopefully we will also be collecting outside of the City Ground at their Remembrance match.

Keep doing what you all do! It is really appreciated.

As always, STAY SAFE!!

Sam Mitchell Chairman CBOC RBL, Nottingham RBL County Committee member.



Nottinghamshire
Wildlife Trust

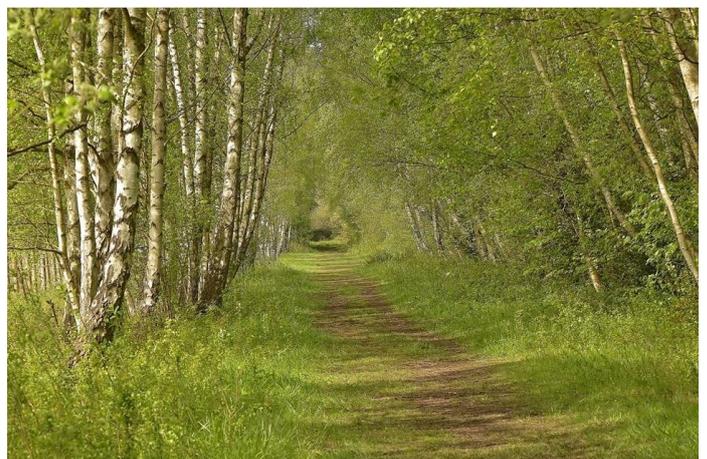
South Notts Local Group

Out and About with Wildlife

The South Notts Local Group is Nottinghamshire Wildlife Trust's members' group in Rushcliffe working to promote nature conservation locally. We organise an Out and About with Wildlife Programme through the summer months at a range of local wildlife sites and reserves, led by wildlife enthusiasts who share their knowledge of the wealth of wildlife on your doorstep. Whether you are an expert naturalist or just want to get the family outdoors, they're free, and a great way to explore the hidden gems near you. Children must be accompanied.

This year's programme currently offers 17 walks (more may be added), at local sites including Skylarks, Sharphill Wood, Bunny Wood, Wilford Claypits and more, including the sylvan gem that is Wilwell Farm Cutting, just down the road towards Wilford. To get a copy of the programme, which has full details of every walk, go to our Facebook page at [Southnottswildlife](#); a link is on the Featured tab.

We also produce and circulate by email our monthly *Wildlife News*, highlighting upcoming wildlife-related activities in Rushcliffe, as well as news, views and articles on local, national and occasionally international wildlife-related topics. The newsletter is free, and available to all; to receive it, or the Out and About Programme, just send your email address to us at southnottswildlife@gmail.com.



Follow us on Facebook at [Southnottswildlife](#)



Your weight loss journey deserves expert care.

With trusted support from Well Pharmacy in Cotgrave and monthly check-ins with our expert branch pharmacist Scott**, you're in safe hands every step of the way.

Now available from £89*



Safe hands for your Weight Loss journey

Expert support, results that last

NOW FROM £89

Start your year *well ✓

Weight Loss
By *well Pharmacy

Subject to eligibility, suitability, availability, and at the professional discretion of an accredited pharmacist.

Pop in and speak to our friendly team and start your journey today.
** Other accredited pharmacist's can also provide the service.

#weightloss#weightlosssupport#newyearnewme#weightlossjourney

* Selected treatments only. Subject to eligibility, suitability, availability and the professional discretion of an accredited pharmacist

best foot forward

ramblers walking for health

Cotgrave Health Walk

Want to get more active? Then we're here to help.
Walking is a great way to get fit, explore what's on your doorstep and make new friends.

Join us every Friday for a free and friendly short walk in the Country Park. Meet at 2pm outside the Rose and Crown, Main Road, Cotgrave.

<https://tinyurl.com/RushcliffeWFH> or contact Duncan on 07969 330846.

COTGRAVE TOWN COUNCIL

Summer Market

SATURDAY 13TH JUNE 2026
11AM TO 4PM

SAVE THE DATE

BEING HELD ON COTGRAVE SHOPPING CENTRE AND THE GREEN, CANDLEBY LANE, COTGRAVE, NG12 3JG

MARKET STALLS WANTED.

FOR MORE INFORMATION AND TO REQUEST A BOOKING FORM
EMAIL: CONNECTIONS@COTGRAVE-TC.GOV.UK
TELEPHONE: 0115 9893876

COTGRAVE TOWN COUNCIL

J9

You can talk to us about domestic abuse.

Telephone 0115 9893876

COTGRAVE TOWN COUNCIL
CLOSER TO THE COMMUNITY

30 years
of care

1996 - 2026
...and beyond!



2026 marks 30 years since Dove Cottage Day Hospice was founded!

We want to celebrate and reflect on how far we have come and we want to include your memories in our journey.

Do you have a memory of Dove all those years ago? Maybe you were one of our amazing volunteers or staff in the early days? Maybe you gifted items for use at the hospice? Maybe you donated to one of our initial fundraising campaigns? Whatever role you had in our journey, we want to hear from you!



Visit www.dovecottage.org/thirtymoreyears to find out how to get involved.

01949 860303

www.dovecottage.org

Profits from sales in our shops all support the work of our Stathern hospice. By supporting our charity shops you're not only shopping sustainably but also helping us to continue providing care to local families when they need it most. Why not pop in and see what bargains and hidden treasures you can find?!

Dove Cottage charity shops:

Stathern (Canal Lane, LE14 4EX)
Monday - Saturday: 10.30-4.30

Bottesford (Market St, NG13 0BW)
Monday - Saturday: 9.00-4.00

Cotgrave (Main Street, NG12 3HQ)
Monday - Saturday 9.00-4.00

Asfordby (9 Bradgate Lane, LE14 3YD)
Monday - Friday: 9.30-4.30
Saturday: 10.00-4.00



Enjoy a hot drink whilst visiting our Stathern shop!

Now serving hot and cold drinks to enjoy whilst you browse the shop or walk down the canal.

All items
£1 or less

Men's,
women's
and
children's
clothing

Shoes,
bags,
hats and
more!

Tea,
coffee &
cakes

**JUMBLE
SALE**

Card &
cash
payments
accepted

Free car
parking

Saturday 18th April

@ Dove Cottage Day Hospice, Canal Lane, Stathern LE14 4EX

Early bird entry from 9am (£2)

10am - 1pm (entry £1)

In aid of Dove Cottage Day Hospice

All proceeds support local hospice care



www.dovecottage.org



[dovecottagehospiceshops](https://www.facebook.com/share/1EQ2ZRQYCx/)

Our Lady of Grace Church Parish of the Annunciation

If it's been a while since you've been to church, or you're curious about connecting with faith and community, we'd love to welcome you back.

Whether you're looking for quiet reflection, spiritual nourishment, or simply a warm space and good company, there's a place for you here.

We offer activities throughout the week where you can connect with neighbours, deepen your faith, or simply enjoy a cup of tea and conversation. You're welcome to join us for whatever feels right.

Weekly Schedule:

- **Sundays** – Mass at 11 am (with Children's Liturgy)
- **Tuesdays, Thursdays & Saturdays** – Community Cuppa & Warm Space, 10am-12pm Drop in for a hot drink, friendly chat, and a welcoming space
- **Tuesdays, Thursdays & Saturdays** – Charity shop open 10am – 12pm
- **Wednesdays (18 Feb - 1 April)** – Lent Group with Cotgrave Churches Together, 1:30-3pm
- **Thursdays** – Communion & Service of the Word, 9:30am (tea and coffee after)
- **Fridays** – Rosary, 4:30pm

Find us online for Easter services and updates: Facebook: <https://www.facebook.com/share/1EQ2ZRQYCx/>

Instagram: @ologcotgrave

Web: <https://www.parishoftheannunciationrushcliffe.co.uk>

All are welcome



Cotgrave Police

A report from PC 153 Matt Pooley



As we move ever further into the new year, I hope everyone had a good Christmas and I am thankful I can give some information regarding recent Police activity in the area.

Whilst I was looking at the internet, I found this snippet "According to recent crime statistics, Cotgrave remains one of the top 10 safest small towns in Nottinghamshire, with a crime rate of 47 crimes per 1,000 people in 2025 - significantly lower than the county average". [crimerate.co.uk]

This is good news for Cotgrave and a testament to all agencies such as the Council, Volunteer groups and Youth workers such as the Pythian Club who have all done work in the area to improve safety.

Sometimes if we are a victim of crime or as in my case dealing with crime on a daily basis our perception of an area feels very different. Sometimes it is the fear of crime which is the issue rather than crime itself. Having been a Police officer for nearly 26 years I can honestly say this is the nicest area I have ever worked.

Prior to Christmas and over the Christmas period I personally felt it was noticeably quieter compared to the same period last year in terms of burglaries and motor vehicle crime. However literally in the past couple of weeks there has been an increase in these in the villages surrounding Cotgrave and a couple of incidents within Cotgrave itself. Please let this be a reminder to keep your homes and vehicles secure and to remain vigilant - if you see anything suspicious, please report it - Residents are encouraged to report concerns via 101, 999 in emergencies, or online through the Nottinghamshire Police website (www.nottinghamshire.police.uk). Alternatively, you can report information via CRIMESTOPPERS via 0800 555111.

Anti Social Behaviour (ASB): Cotgrave residents highlight concerns about general ASB around community spaces. Neighbourhood officers continue to monitor hotspots and adjust patrol plans based on local intelligence and emerging trends. Just in the last week responding to concerns to youths congregating around the Leisure Centre and taking drugs, officers conducted High Visibility patrol in the area and were able to conduct stop and searches in relation to this issue which resulted in a significant quantity of drugs being found and the offender is in the process of going through the legal system.

Road Safety: Speeding continue to be raised by residents, as such prior to Christmas we were able to get the speed camera van in the area on several occasions. Over the Christmas period we have had the Road Crime Policing Team in the area where they have been proactive making several arrests and were able to seize vehicles. Linked to this even though we have not received many reports of off-road motorbikes in the area riding around illegally we have managed to get the off-road motorbike team in the area on patrols on a few occasions including today as I type this article.

Recent improvements in CCTV quality in the area have enabled us to Identify offenders for thefts which has been very useful.

Kind Regards

PC 153 MATT POOLEY
Beat Manager Cotgrave & Wiverton
matthew.pooley@notts.police.uk Mob. 07702141746



Join the Women's Institute: Empower, Connect, Inspire

Are you seeking a place to meet like-minded women, explore new interests, and make a real difference in your community?

The Women's Institute is more than a club - it's a vibrant network of women supporting women, where friendships blossom and every voice is valued.

Whether you're keen to learn new skills, get involved in local projects, or simply enjoy a cuppa and a chat, the Women's Institute offers something for everyone. From inspiring speakers and creative workshops to community initiatives and social events, there's always something happening.

Join us and become part of a group that empowers, connects and inspires. Together, we celebrate achievements, champion causes close to our hearts, and have a lot of fun along the way.

Come along to a meeting - you'll receive a warm welcome and discover all the wonderful things we can achieve together. The Women's Institute; where friendships thrive and every woman belongs.

Cotgrave Women's Institute meets on the third Monday of the month at 7.15pm in the Methodist Church Hall.

The ladies of Cotgrave WI got off to an energetic start to 2026. Their first meeting saw them having a go at line dancing, led by member Vicky. It soon became obvious that not all of them were blessed with good coordination! Everyone had a good time though.

As you can see from the new programme, there is a varied array of events and activities planned. Also, look out in the Spring for the return of our very popular jumble sale event. Date to be confirmed.

Visitors and prospective new members are welcome at all of the meetings. Your first meeting is free and then you can attend up to three meetings for £5 each before deciding whether to become a fully paid member.

March 16th	CPR and Defib Training Collection of Easter Eggs for the refuge
April 20th	Verdun: A place in history - Alison Lister Comp: An item from WW1 or WW2
May 18th	Resolutions plus Quiz with Jane Wood Comp: Bake something to celebrate world baking day Sales table
June 15th	Beekeeping - Peter Horter Comp: Make/bring something bee related
July 20th	Magical mystery drive. Bring your own picnic (car drivers will be required).
August 17th	Games evening and pot luck supper Comp: Display of flowers from your garden
September 21st	Top to Toe - The price of vanity - Jo Goldby A photograph of yourself dressed in a fancy outfit Collection of 20p jars
October 19th	Crafts for the Christmas tree - Lorraine and Wendy Comp: Your favourite Christmas tree decoration Sales Table
November 16th	AGM, Fish and chip supper Christmas gift collection for the refuge
December 14th	Christmas Party - venue to be decided.

Competitions: 1 point for entering / 3 points for a win.

ALL SAINTS' PARISH CHURCH, COTGRAVE

Plumtree Road, Cotgrave,
Nottingham, NG12 3HT



www.allsaintscotgrave.co.uk



<https://en-gb.facebook.com/allsaintscotgrave/>

The Rector (The Revd Paul Massey) may be contacted on 0115 9892223 or email : rector@allsaintscotgrave.co.uk

Church Wardens:

Gordon Marsh 0115 9899930

Sheila Astill 0115 9892844

The activities of All Saints' Church here in our community of Cotgrave, and matters relating to the services and events held in our church building can be found on the pages of our Website and are also communicated through our regular Facebook page postings. If you would like to be added to our mailing list please send your contact details via email to Revd. Paul.

Sunday Morning Service

We hold a service of Holy Communion in church every Sunday morning commencing at 10.30am. Information regarding our services of Holy Communion can be found on our website.

Wednesday Services

9.15am Cotgrave Church of England Primary School
Service in church (term time only)
10.30am Eucharist

Reflections / Messages

Recorded video messages, reflecting on our present times from the perspective of faith, produced by our local clergy and lay ministers, can also be found on the Website / Facebook.

'Little Lights' Children's Group

Our 'Little Lights' children's group is active in church on Sundays in school term for the 10.30am service.

Ladies Fellowship

1st Tuesday of the month, 2.00 pm in All Saints' Church.
Speaker, fellowship and fun.

Memory Café

Last Thursday of every month, 2-4pm in church.

Bellringing Practice

Friday evenings in church beginning at 7.45pm. Open to all, with a warm welcome to those who wish to try ringing for the first time.

Weddings, Baptisms & Funerals

Please contact us via Revd. Paul's email address or telephone number to enquire regarding any of these services.

Seasonal Events & Services

Mothering Sunday Sunday 15th March

At the 10.30 am service we will celebrate Mothering Sunday. During the service we will present mothers, and those who care for others in a 'motherly way, with flowers as a token of thanks for all their loving care. All are very much welcome.

Services & Events for Holy Week & Easter at All Saints' Church

Sunday 29th March Palm Sunday

10.30am Eucharist with blessing and distribution of Palm Crosses.

Monday 30th March

7pm Reflective talk at St Luke's Kinoulton

Tuesday 31st March

7pm Compline at St Luke's Upper Broughton

Wednesday 1st April

10.30 am - Eucharist
7pm - Taize Service at St Luke's Hickling

Thursday 2nd April

7.30pm - Eucharist

3rd April Good Friday

12 noon - Walk of Faith in the Vale of Belvoir
7.30 pm—Stations of the Cross in Church

5th April Easter Day

10.30am Eucharist

6th April Easter Monday

10am to 1pm - Coffee Morning in Church
10.30 - 3pm Hobby Exhibition in Church



Happy Easter

Please refer to our Facebook or Website pages for any later additional to our seasonal services.



Tel: 0115 9893876
Mobile: 07497 495105
Website: www.cotgrave-tc.gov.uk



Proudly supporting those who serve

Town Clerk : Mrs Julie Stephenson
Email: clerk@cotgrave-tc.gov.uk or connections@cotgrave-tc.gov.uk

Chairman's Spring Report

I find it hard to believe that my previous report was written last October and as I write this report we are almost into the third month of the year. Is it because the older you get, time seems to pass much more quickly?

We have already suffered a series of storms and bad weather this year. The rain fall has been much higher than normal for the early months of the year and there has been much flooding but on the plus side, Cotgrave has been lucky and has not suffered the effects of the rain with the exception of Plumtree Road that has had the normal flooding associated with heavy rain. However, what has caused problems within the village are the road works on the A52 which has caused the redirection of traffic through our village.

Associated with the road system there are still a number of issues with nearby roads plagued with potholes and unacceptable surfacing. Whilst this is not within the remit of the Town Council, we do continue to lobby for work to be carried out where necessary.

Looking back over the last four months, we have enjoyed the annual firework display in November. It was remarked by many who attended that it was one of the best that had been put on. The Remembrance service and wreath laying also took place in November and was well attended. Col. John Ludlam gave the address which had an emotional theme as it gave thought to the sacrifice and service of the Armed Forces.

The Pensioner' Christmas Lunch was the usual success and 160 of our senior residents have expressed their gratitude for an enjoyable and well organised event.

We can now look forward to Spring and already the forerunners of this wonderful season are to be seen with snowdrops and primroses being abundantly on display in various areas around the village. The next ones to look out for will be crocuses and daffodils and, of course, the lighter nights once the clocks go forward in March.

My best wished to everyone and I hope that you will enjoy the beauties of spring.

**Councillor Ian Shaw, Chairman,
Cotgrave Town Council**



ANNUAL TOWN MEETING



**MONDAY 18TH MAY 2026
At 6.30pm**



**COTGRAVE FUTURES MEETING ROOM
CANDLEBY LANE, COTGRAVE, NG12 3JG**

You are invited to attend if you are a local government elector and are on the electoral role for Cotgrave (LGA 1972 S13(1)1)

AGENDA

Welcome from the Chairman of Council, Councillor Ian Shaw.

Chairman's Annual Report 2025-2026.

Have your say and ask questions about your town.

Questions must be submitted to the Town Clerk **by midday on 13th May 2026** to enable a response to be given at the meeting. Questions should be submitted to :

Email: clerk@cotgrave-tc.gov.uk
or sent to Cotgrave Town Council, Suite F, Candleby Lane, Cotgrave, Nottingham, NG12 3US

(Please note this is not a Town Council Meeting)

THE MEETING WILL BE FOLLOWED BY THE TOWN COUNCIL ANNUAL MEETING AND ORDINARY COUNCIL MEETING AT 7PM

Website: www.cotgrave-tc.gov.uk Email: clerk@cotgrave-tc.gov.uk Telephone: 0115 9893876

How to contact the Council

Electors are free to lobby their elected-co-opted councillors directly, their contact details are on the back of this newsletter.

To speak with the Town Clerk, please call 0115 9893876 or 07497 495105 during the following hours:-

Monday to Thursday 9am to 5pm
Friday 9am to 2.30 pm or email clerk@cotgrave-tc.gov.uk

COTGRAVE TOWN COUNCIL

Pensioners Christmas Celebration Meal

On Thursday 18th December, 160 of our senior citizens made their annual pilgrimage by cars and coaches to their favourite venue “The Nottinghamshire Golf and Country Club” to enjoy the afternoon together. They were treated to a soft drinks’ reception, followed by a 3-course traditional Christmas meal of their choice – starters, mains and desserts, followed by tea, coffee and mince pies.

My sincere thanks to Albina (Event Sales Manager at The Golf Club) and her extremely efficient team, who all helped the day run smoothly ensuring that each guest received their meal of choice and that each tables food arrived at the same time,

Following the meal we had our usual tombola, with over 40 assorted prizes up for grabs with all guests having a complimentary ticket, (paid for by your “nominal” charge). Lightsource again financed this event (Solar Farm) and whilst Vicki (their portfolio manager) could not visit, she sent her best wishes. Thank you Vicki.

Many thanks to Julie and Jane, who produced all the paperwork, including individual table cards listing guests, plus meal choices, they also assisted on registration day, as did Richard who was the lone “Elf” on the day itself. Christine, who is not a Town Councillor anymore, attended the meal etc and enjoyed the afternoon.

Overall, a great event again, with our guests very complimentary about the meals, service and venue.



(Circa 2024)

Councillor Leo Healy.

COUNCIL GRANTS

Groups and organisations wanting to make a difference can apply for financial support from the Town Council.

The Community Grant scheme (£4,000) is to support local voluntary and community groups in carrying out activities that enhance the quality of life for local community.



If you think your community group or charity has a project that could benefit from a grant, forms are available from Cotgrave Town Council. Please call 0115 9893876 (answerphone available) or email clerk@cotgrave-tc.gov.uk.

UK Shared Prosperity Fund (UKSPF Funding) 2025/2026

Cotgrave Town Council applied for some funding from the allocation of 2025/2026 UK SPF Funding which is being administered by Rushcliffe Borough Council on behalf of the government. The stipulation when applying for the grant funding, Cotgrave Town Council must pay a minimum of 30% of the total cost of any project which it was applying for.

The council decided to apply for some funding to increase the play features within two of the play parks - Ringleas and Broadmeer play areas. The council were successful in their grant funding bid, and the equipment was ordered and installed prior to Christmas.

BROADMEER PLAY AREA

The two pieces of equipment purchased for Broadmeer are a set of Giant Causeway Stepping Stones and a Funnel Tunnel, these pieces could be fitted into the park as it has limited space due to size of the park and fitted with the age group of the main users.



RINGLEAS PLAY PARK

The two pieces of equipment chosen for Ringleas are an Amazon Basin and a Yukon Log Roll, these two pieces of equipment are not repeated in any of the other play areas we own and maintain.

2025/2026 COTGRAVE TOWN COUNCIL

Chair: Councillor Ian Shaw

Vice Chairman: Councillor N Monday

MEMBERS OF THE COUNCIL

NAME	ADDRESS	POST CODE	TELEPHONE NO	EMAIL ADDRESS
Edward Arscott	7 Burhill	NP	07890 885830	cllr.edward.arscott@cotgrave-tc.gov.uk
Richard Butler (N) (B) (F)	1 Church Court	QW	0115 9892504	cllr.richard.butler@cotgrave-tc.gov.uk
Keir Chewings (B) (F)	163 Ringleas	PS	07404 378551	cllr.keir.chewings@cotgrave-tc.gov.uk
Stuart Ellis (B) (F)	8 Poplar Close	SN	0115 6482759	cllr.stuart.ellis@cotgrave-tc.gov.uk
Leo Healy (F)	22 Bakers Close	RG	07769 159041	cllr.leo.healy@cotgrave-tc.gov.uk
Joanna Mileham			07793 430602	cllr.joanna.mileham@cotgrave-tc.gov.uk
Sam Mitchell	48 White Furrows	LD	07960 937590	cllr.sam.mitchell@cotgrave-tc.gov.uk
Norman Monday (V)	Address in Cotgrave		07903 449337	cllr.norman.Monday@cotgrave-tc.gov.uk
Mary Myles	16 East Acres	JP	0115 9892179	cllr.mary.myles@cotgrave-tc.gov.uk
Ian Shaw (C) (F)	13 The Dial	QP	0115 9894484	cllr.ian.shaw@cotgrave-tc.gov.uk
Anthony Simpson	10 Chichester Drive	JJ	07484 203630	cllr.anthony.simpson@cotgrave-tc.gov.uk

Please Note: * all Cotgrave Postcodes beginning with NG12 3
 C Indicates a Committee Chairman, V a Committee Vice Chairman
 B Indicates a member of Rushcliffe Borough Council
 N Indicates a member of Nottinghamshire County Council
 F indicates a member of the Finance Committee

Dates of Meetings 2025-2026

ATM -= Annual Town Meeting

	JUNE	JULY	AUG	SEPT	OCT	NOV	DEC	JAN	FEB	MARCH	APR	MAY
Full Council	16	21	-	8	20	17	8	19	16	16	20	<u>ATM/ACM & COUNCIL</u> 18
Finance Committee	-	7	-	1	-	10	-	12	-	-	13	

ACM = Annual Council Meeting

Notes:

- Meetings of the Council take place on the third Monday evening of every month (except for the months of August, September and December) at 7.00pm. Finance Committee Meetings are also held on Mondays as agreed by Council and held at Cotgrave Futures Meeting Room, Candleby Lane, Cotgrave.
- Agendas are published on the Council's notice boards, Website and Facebook page prior to meetings. Members of the public and press are welcome to observe proceedings and time is allowed for brief participation. Electors are, of course, free to lobby their elected representatives directly at any time other than when they are in meetings to acquaint them with their views and concerns.
- The Town Clerk, can be reached by telephone on 0115 9893876 or by writing to her at Suite F, Cotgrave Business Hub, Candleby Lane, Cotgrave, Nottingham, NG12 3US

Web Site: www.cotgrave-tc.gov.uk

Email: clerk@cotgrave-tc.gov.uk